

Tips for New Parents/Players

- All players expected to attend all training sessions and games, and to be on time.
- Parents are welcome to watch training, but not from the sideline (no distractions).
- Parents should not shout instructions, coach, or attempt to contact their children during a training session except in the case of an emergency (see GNA's Manual (outside the lines)).
- Arrive at the games minimum of 30 minutes prior to the game (check with coach).
- Shirts always tucked in, socks pulled up for all training and games.
- Training shirts are to be worn at all training sessions.
- All players should have a size 4 ball (make sure it is pumped up).
- Every player should bring sufficient water to every game and training.
- Coaching staff is available to provide club members with feedback regarding their personal progress within the program and to highlight specific areas that need improvement.
- Maps/directions for all the various practice fields used by GNA are at www.GNAFutbolClub.com. Maps/directions for game locations can be found at www.mossl.net.
- Players need to bring to games their ball, shin guards, **uniform including the alternate uniform top in case they need to change colors** and water. The parent administrator will let you know ahead of time the colors to wear for the game and rules for additional clothing like undershirts, undershorts, etc.
- Staff will stay with your children if you are late picking them up. We truly frown upon having kids walk home on their own especially when it starts getting dark early. Please inform the staff member if you will be late.
- Sometimes there will be a reason to move practices inside due to weather and our winter training is indoors.
- Professional Coaches will substitute for each other on occasion: It provides the opportunity for other coaches to see your daughters/sons and offer different information. Several coaches have more than one team and this allows us to keep a small but very talented coaching staff. It is one of the items that make GNA a special place to play.
- Communicate to your coach any potential conflicts ahead of time.